



Margaret A. Thomas, 6th Dan JKA Karate Biography

Practice and Teaching Timeline

1975 Initiated Karate Practice under Marc Steiner, Philadelphia, Pa
1979 (May-Aug) Practiced under Yaguchi Sensei, Denver, Co (ISKF)
1979 (Fall) University of Connecticut JKA Karate Club, Robert Jacobs, Instructor
1979 Joined North Atlantic Karate Association under Master Masataka Mori (8th Dan, JKA)
1995 Graduated JKA Shotokan Karate Do America Advanced Instructor Class, NYC
1995-2003 Assistant Chief Instructor, University of Connecticut JKA Karate Club, Storrs, CT
2003 founded Karate Spirit, affiliated with JKA Shotokan Karate Do International under Master Mori

Tournament Record

Shotokan Karate Do America Regional Championships 1985-1995

Women's Kata Champion- Undefeated

Women's Kumite Champion – 7x

American Amateur Karate Federation National Championships 1991-1993

Women's National Kata Champion 1991; 1993; (1992, 2nd)

Women's National Kumite Champion 1988; 1993; (1991;1992, 3rd)

International Competitions- US National Team under Masters M. Mori and H. Nishiyama

ITKF World Tournament, Lima, Peru 1990

Silver Metal Women's Kumite

ITKF Pan American Traditional Karate Championship, Mayaguez, P.R. 1993

Gold Metal Women's Kumite

ITKF World Championships, Montreal, Canada, 1993 US Team, Individual Kumite

JKA Shotocup World Championships, U.S. Team

Tokyo, Japan 1992

Philadelphia, PA 1994

Osaka, Japan 1996

Paris, France 1998

Rank License Honors

Shodan: June, 1980

Nidan: July, 1982

Sandan: December, 1986

Yondan: July, 1991

Godan: July, 1998

Ryokudan: July, 2009

International JKA Qualifications

Instructor: B, 1998

Examiner: C, 1995

Judge: B, 1998

JKA World Federation

JKA International Instructors Seminar, Tokyo, April, 2005; October, 2014

US Judge, Funakoshi Gichin World Karate Do Championship, Sydney, 2006; Tokyo, 2014

US Team Selection Judge, Tampa, FL, 2008; New Orleans, LA, 2013